

Physical Education

Freshman Year Fall Semester			
Course	#	Name	Credits
FRST	1101	Freshman Seminar	1
COMM	1303	Public Speaking	3
ENGL	1503	Composition I: Writing & Rhetoric	3
BLIT	1004	Discovering the Bible	4
MATH	1223	College Algebra	3
HIST	1203	US History to 1877	3
			SEMESTER TOTAL: 17

Freshman Year Spring Semester			
Course	#	Name	Credits
HLEX	1303	Care & Prevention of Athletic Injuries & Lab	3
ENGL	1703	Composition II: Writing & Research	3
PSYC	2513	Lifespan Development	3
FNAR	1103	Intro to Fine Arts	3
EDUC	1001	Education Seminar	1
		Elective -Social Responsibility	3
			SEMESTER TOTAL: 16 hr

Sophomore Year Fall Semester			
Course	#	Name	Credits
MATH	2503	Applied Math with Statistics	3
BIOL	1704	Human Anatomy & Lab	4
EDUC	2103	Introduction to Teaching	3
ENGL	2003	Introduction to Literature	3
PHED	3213	Foundations of PE Rec & Sports	3
			SEMESTER TOTAL: 16hr

Sophomore Year Spring Semester			
Course	#	Name	Credits
PHED	1202	Techniques for Lifetime Fitness	2
EDUC	2203	Cultural Diversity in Education	3
HLEX	3103	Water Safety Instructor -WSI	3
HLEX	3513	Psychology of Sports	3
HLSC	3603	Core Concepts in Health	3
GNSC	3703	Human Nutrition	3
			SEMESTER TOTAL: 17 hr

Junior Year Fall Semester			
Course	#	Name	Credits
PHED	3202	Teaching Motor Skills in Elementary PE	2
PHED	3201	Teaching Motor Skills in Elementary PE & Lab	1
HLEX	3543	Kinesiology/Biomechanics & Lab	3
EDUC	3132	Technology Teaching & Learning I	2
EDUC	3134	Teaching and Learning I	4
EDUC	3603	Classroom Management	3
HLEX	1142	Weight Training	2
			SEMESTER TOTAL: 17 hr

Junior Year Spring Semester			
Course	#	Name	Credits
PHED	3223	Methods of Teaching Secondary PE & Health	3
HLEX	4503	Exercise Physiology & Lab	3
EDUC	3412	Technology Teaching & Learning II	2
EDUC	3414	Teaching and Learning II	4
SPMT	3203	Administration & Management of Sports & Recreation	3
EDUC	4702	Secondary Reading in the Context Area	2
			SEMESTER TOTAL: 17 hr

Senior Year Fall Semester			
Course	#	Name	Credits
HLEX	3533	Sports & Exercise Nutrition	3
THEO	2003	Christian Beliefs	3
PHED	4203	Adaptive Physical Education	3
EDUC	4512	Technology Teaching & Learning III	2
EDUC	4514	Teaching and Learning III	4
PHED	3222	Techniques of Teaching Sports	2
			SEMESTER TOTAL: 17 hr

Senior Year Spring Semester			
Course	#	Name	Credits
EDUC	4988	Elementary & Secondary Student Teaching/Seminar	12
			SEMESTER TOTAL: 12 hr